



November 30, 2012

E-UPDATE FROM CSSRC** ~ You are receiving this email as a subscriber of the Colorado School Safety Resource Center's (CSSRC) listserv. E-Updates from the CSSRC will contain the most current information about the Center's activities and resources, as well as other school safety efforts throughout the state of Colorado and relevant national resources. **Please forward this email to others on your email list with an interest in supporting safe and positive schools in Colorado. They may register for this listserv on our website www.Colorado.gov/SchoolSafetyResourceCenter or www.Colorado.gov/CSSRC.

CURRENT EVENTS AND ANNOUNCEMENTS

❖ Colorado School Safety Resource Center Job Announcement

- The **School Safety Outreach Consultant** position is open to Colorado residents.
- Applications are due no later than **Wednesday, December 5, 2012 at 5:00pm.**
- [Please click here to read the job announcement...](#)

❖ National Drug Facts Week

- National Drug Facts Week is an opportunity for teens to interact with scientists and other experts about drug abuse. Help teens shatter the myths about drugs by hosting and promoting an event during the week of **January 28 to February 3, 2013**. To help you, the National Institute on Drug Abuse (NIDA) provides a [toolkit](#) with step-by-step suggestions for planning and promoting your event.
- [Click here for the flyer...](#)

COLORADO SCHOOL SAFETY RESOURCE CENTER TRAININGS

❖ Bullying Prevention Institutes – Sponsored by Colorado School Safety Resource Center, Colorado Department of Education, and Colorado Legacy Foundation

- **NEW** Fort Morgan--Tuesday, January 22, 2013, 8:00am – 3:30pm, Clarion Inn, 14378 Highway 34, Fort Morgan, CO 80701 ****Registration is open**** Course ID# 1033731
- Colorado Springs--Wednesday, January 23, 2013, 8:00am – 3:30pm, DoubleTree Hotel by Hilton, 1775 East Cheyenne Mountain Boulevard, Colorado Springs, CO 80906 ****Registration is open**** Course ID# 1033731
- La Junta--Thursday, January 24, 2013, 8:00am – 3:30pm, Otero Junior College Student Center Conference Room, 2001 San Juan Avenue, La Junta, CO 81050 ****Registration is open**** Course ID# 1033731
- **Featuring Special Guest Speaker:** Dorothy Espelage, Ph.D., University of Illinois, Urbana-Champaign
- **Designed for:** administrators, teachers, PBIS teams, school safety teams, school mental health professionals

- **No charge for Colorado participants.** Space is limited and registration is required.
- **Registration Instructions:** Please go to www.CO.train.org. Set up a learner account and register for the symposium location and date using the **course ID** number: **1033731**. You will need Internet Explorer to register through the CO Train System. If you have questions or need assistance with registration, please contact the Colorado School Safety Resource Center at 303-239-4435.
- See the [Upcoming Bullying Prevention Institutes Flyer](#) for more information.

❖ **Adult Sexual Misconduct in Schools: Prevention & Management – Sponsored by Colorado School Safety Resource Center and Colorado Association of School Boards**

- **NEW** Fort Morgan--Tuesday, January 22, 2013, 4:00pm – 6:00pm, Clarion Inn, 14378 Highway 34, Fort Morgan, CO 80701 ****Registration is open**** Course ID# **1037163**
- La Junta--Thursday, January 24, 2013, 4:00pm – 6:00pm, Otero Junior College Student Center Conference Room, 2001 San Juan Avenue, La Junta, CO 81050 ****Registration is open**** Course ID# **1037163**
- **Designed for:** Administrators, human resources professionals, school board members and any other interested parties
- **No charge for Colorado participants.** Space is limited and registration is required.
- **Registration Instructions:** Please go to www.CO.train.org. Set up a learner account and register for the symposium location and date using the **course ID** number: **1037163**. You will need Internet Explorer to register through the CO Train System. If you have questions or need assistance with registration, please contact the Colorado School Safety Resource Center at 303-239-4435.
- See the [Upcoming Adult Sexual Misconduct in Schools Flyer](#) for more information.

CSSRC ONLINE COURSE OFFERINGS

❖ **Crisis Planning for an Off-Campus Event**

- **Learn how to prepare your school with the Colorado School Safety Resource Center’s new NO-COST online learning module, “[Crisis Planning for an Off-Campus Event.](#)”**
- The training works best with Internet Explorer web browser. To access the training:
 1. Go to www.CO.train.org
 2. Sign in or create a new account. You will already have an account if you have attended CSSRC in-person trainings in the past.
 3. Search for **Course ID 1026872**
 4. This course counts as one hour of professional training. A printable certificate will be available upon completion of the course.

❖ **Bullying Prevention & Intervention Under Colorado Law**

- **Keep yourself and your school informed about Colorado laws ([HB 11-1254](#)) and best practices regarding bullying with the Colorado School Safety Resource Center’s new NO-COST online learning module, “[Bullying Prevention & Intervention Under Colorado Law.](#)”**
- The training works best with Internet Explorer web browser. To access the training:
 1. Go to www.CO.train.org
 2. Sign in or create a new account. You will already have an account if you have attended CSSRC in-person trainings in the past.
 3. Search for **Course ID 1034235**

4. This course counts as one hour of professional training. A printable certificate will be available upon completion of the course.

OTHER COLORADO TRAININGS

❖ **NEW QPR Certified Gatekeeper Instructor's Course**

- **December 3, 2012, 8:30am-5:00pm, Carson J. Spencer Foundation office, 450 Lincoln Street, Suite 100, Denver, CO 80203**
- This certification course trains instructors to teach QPR for Suicide Prevention to their community.
- Participants first learn about the nature of suicidal communications, what forms these communications take and how they may be used as the stimulus for QPR intervention. Participants are introduced to the history of suicide, suicide prevention and the spectrum of modern day public health suicide prevention education efforts. The history, background and research support for QPR are reviewed. Participants then learn to market QPR, target potential Gatekeepers, and how to teach the QPR curriculum. Participants also learn to deal with pent up audience demand to talk about suicide and how to make immediate interventions and referrals. Each participant has the opportunity for individual rehearsal and practice through role plays.
- Course fee: \$550
- [Click here for more information...](#)
- [Click here to register...](#)

❖ **The Colorado Implementation Collaborative (CIC) in partnership with The Colorado Trust – Convening for Colorado**

- **December 6, 2012, 9:00am-noon, Anschutz Medical Campus, Education 2 South, Auditorium (1st floor, room 1102), 13121 East 17th Avenue, Aurora, CO 80045**
- “Implementation Science 201: The “HOW” of High Quality and Sustainable Implementation” with Dr. Dean Fixen
- Registration: R.S.V.P. to Allison.Tapia@state.co.us. Space is limited!!
- [Click here for more information...](#)

❖ **NEW The FIRE Within: Student Entrepreneurs Preventing Youth Suicide**

- **December 13, 2012, 12:00pm-1:00pm, 1250 Lincoln Street, Denver, CO 80203**
- [Click here for more information on The FIRE Within...](#)
- [For the networking and information sharing lunch for Colorado leaders, click here for registration...](#)

❖ **NEW Mass Casualty Incident Command System**

- **December 15, 2012, 8:00am-5:00pm, Arvada Fire Training Center, 6651 Indiana Street, Arvada, CO**
- “Active shooter “ Incident Management
- Class size is limited to 50 students and registration is required.
- Made possible by CDPHE Office of Emergency Preparedness and Response, Arvada Fire Protection District Emergency Medical Services Division
- [Click here for the flyer...](#)

❖ **ASIST Applied Suicide Intervention Skills Training—Western Colorado**

- **January 17-18, 2013, 8:30am-4:30pm both days, Colorado Mesa University Student Center, 1100 North Avenue, Grand Junction, CO 81501**
- **March 28-29, 2013, 8:30am-4:30pm both days**

- May 9-10, 2013, 8:30am-4:30pm both days
- Full interactive 2-day workshop that prepares people from all backgrounds to provide suicide first aid and interventions
- Workshop fee: \$75
- Registration: email to Director@suicidepreventionfoundation.org. Make sure your subject line mentions "ASIST Registration".

❖ ASIST Applied Suicide Intervention Skills Training—Denver Metro Area

- **February 6-7, 2013, 7:30am-4:00pm both days, Louviers Village Clubhouse, 7865 Louviers Boulevard, Louviers, CO**
- April 4-5, 2013, 7:30am-4:00pm both days
- June 13-14, 2013, 7:30am-4:00pm both days
- Made possible by: Douglas County School District, Douglas County Sheriff's Office, Douglas County Suicide Prevention Alliance, South Metro Out of the Darkness Community Walk, and American Foundation for Suicide Prevention.
- Full 2-day training will teach participants suicide "first-aid" by recognizing a person-at-risk, keeping the person safe, and assisting the person in seeking further help.
- Cost: \$50 to community members; \$25 for DCSPA members
- [Click here for the flyer...](#)

ONLINE TRAININGS

Courses

❖ Sources of Strength: Preventing Suicide among High School Students through Peer Leadership and Adult Mentoring

- Presented by the Suicide Prevention Resource Center ([SPRC](#)).
- [Sources of Strength](#) ([NREPP](#) and [SPRC-BPR Section I](#)) is a program that trains diverse high school students to serve as peer leaders and connects them with adult advisors at school and in the community. With support from the advisors, the peer leaders conduct well-defined messaging activities intended to change peer group norms influencing coping practices and problem behaviors (e.g., self-harm, drug use, unhealthy sexual practices).
- [Access the slides and a recording of the webinar](#)

CURRENT GRANT OPPORTUNITIES

❖ Colorado Safe Routes to School

- **Applications due December 7, 2012 by 4:00pm**
- Funded by the [Colorado Department of Transportation](#)
- Colorado Safe Routes to School (SRTS) uses a comprehensive approach to make school routes safe for children when walking and bicycling to school. CDOT administers Colorado's SRTS program. In Colorado, many communities, parents and schools are fostering a safe environment for their students by using SRTS programs to not only fund education and safe infrastructure, but also to encourage healthy options for our children that are safe for both walking and bicycling.
- School districts and local education agencies are among the groups who are invited to apply.
- [For more information and the application...](#)

❖ Colorado Legacy Foundation Expanded Learning Opportunities Pilot

- **Applications due December 14, 2012 by 11:00am**
- Funded by the [Colorado Legacy Foundation](#) made possible by the [Ford Foundation](#)
- CLF, in partnership with the Colorado Department of Education (CDE), is leading a multi-stage multi-year strategic plan which includes raising and distributing funds to seed, document, and replicate innovative practices, programs, services, and approaches in line with Colorado's vision for ELO, an innovative teaching and learning platform designed to ignite the unique potential of every student through the creation and delivery of dramatically personalized learning experiences. Once these projects are developed, implemented, and documented, they will be used as proof points to engage a broader set of schools and districts, as well as to drive a policy agenda that supports broad implementation of key ELO elements.
- Award amounts vary.
- [For more information and the application...](#)

RESOURCES

Research and Statistics Resources

❖ **The Chronicle of Evidence-Based Mentoring**

- The National Mentoring Partnership has released [The Chronicle of Evidence-Based Mentoring](#), a new online newsletter for mentoring professionals. The newsletter will highlight new research findings and ideas about youth mentoring and will provide practitioners a forum to share their experiences.
- Read the newsletter [online](#).

❖ **Effects and Consequences of Underage Drinking**

- Bulletin released September 2012 by the Office of Juvenile Justice and Delinquency Prevention (OJJDP) presenting findings from a literature review that investigated how drinking can affect a youth's physical, emotional, and neurological health. Also discusses personal, legal, and economic consequences of underage drinking.
- [To read the bulletin...](#)

❖ **NEW National Comorbidity Study**

- Most teens who are thinking of suicide or have already attempted suicide are not receiving appropriate mental health services, according to a recent analysis of nationally representative survey data.
- The researchers emphasize the importance of incorporating a suicide risk assessment into regular physical and mental health care for teens, and suggest that teens should continue to be monitored for suicidal ideation and behaviors even while in treatment.
- [Click here for an abstract of the National Comorbidity Study...](#)

❖ **NEW National Survey of American Attitudes on Substance Abuse XVII: Teens, 2012**

- Study by the National Center on Addiction and Substance Abuse at Columbia University, based on survey conducted by the Center for Substance Abuse Research at the University of Maryland.
- 60% of high school students report that drugs are used, kept, or sold on their school grounds.
- [Click here to see the study...](#)

Prevention Resources

❖ **Measuring School Climate: A Toolkit for Districts and Schools**

- Effective approaches to addressing bullying focus on improving school climate as a key approach to prevent bullying in addition to teaching adults and students skills to appropriately respond to bullying when it occurs. Given the importance of school climate in bullying prevention, we recommend that districts and schools focus on measuring school climate rather than narrowly focusing on measuring bullying.
- This toolkit provides guidelines for measuring school climate, assessing readiness, obtaining parent consent, using multiple sources of data to monitor climate, conducting a focus group, communicating your results, and includes a comparison of common climate surveys.
- [Click here for more information...](#)

❖ **NEW** Community Supervision of Underage Drinkers

- Bulletin release October 2012 by the Office of Juvenile Justice and Delinquency Prevention (OJJDP).
- The authors provide a theoretical overview on which to base policies, procedures, and practices that will help professionals—and their corresponding agencies—effectively supervise underage drinkers in the community. They also discuss the legal issues that professionals may encounter when working with these youth.
- [Click here for more information on the bulletin...](#)
- [Click here for more information on the OJJDP Underage Drinking Series...](#)

❖ Family Checkup

- National Institute on Drug Abuse (NIDA) has launched Family Checkup, an online resource that equips parents with research-based skills to help keep children drug free.
- [Click here to check out Family Checkup...](#)

❖ National Strategy for Suicide Prevention

- A report of the [US Surgeon General](#) and the [National Action Alliance for Suicide Prevention](#)
- The revised strategy emphasizes the role every American can play in protecting friends, family members, and colleagues from suicide. It also provides guidance that takes into account nearly a decade of research and other advancements in the field since the last strategy was published. The strategy includes 13 goals and 60 objectives across four strategic directions: wellness and empowerment; prevention services; treatment and support services; and surveillance, research, and evaluation.
- The audience for the strategy includes prevention professionals, researchers, community coalitions, educators, media, policymakers, program planners, administrators, project managers, and public health professionals, among others.
- [Click here for the strategy...](#)
- [Click here to watch a recording of a webinar from the Suicide Prevention Resource Center about the new strategy...](#)

❖ **NEW** Parent Engagement: Strategies for Involving Parents in School Health

- Released in 2012 by U.S. Department of Health and Human Services (HHS), Centers for Disease Control and Prevention.
- These resources, which include a facilitator's guide for school staff development, PowerPoint slides, and fact sheets for school administrators, school staff, and parents, define and describe parent engagement in schools and identify specific strategies and actions that schools can take to increase parent engagement.

- [Click here for more information...](#)

❖ PEERx

- An initiative of the [National Institute on Drug Abuse \(NIDA\)](#)
- Aims to empower teens to avoid prescription drug abuse
- Please see the [PEERx website](#) for more information
- [Activity Guide](#) provides ideas for engaging educational activities

❖ Preventing Suicide: A Toolkit for High Schools

- Created by the Substance Abuse and Mental Health Services Administration (SAMHSA) in June, 2012
- Assists high schools and school districts in designing and implementing strategies to prevent suicide and promote behavioral health. Includes tools to implement a multi-faceted suicide prevention program that responds to the needs and cultures of students.
- For information on the [Toolkit...](#)

❖ Safe and Supportive Schools in the Classroom

- This training toolkit is made up of two modules that address bullying in classrooms. Specifically, it is designed to assist teachers in cultivating meaningful relationships with students while creating a positive climate in the classroom.
- [Click here for more information...](#)

❖ Safe and Supportive Schools on the School Bus

- The U.S. Department of Education's Office of Safe and Healthy Students and the Safe and Supportive Schools Technical Assistance Center partnered with the National Association for Pupil Transportation (NAPT) to coordinate a special event on *Creating a Safe and Respectful Environment on Our Nation's School Buses*.
- The purpose of the event was to bring together national and state leaders, representatives of key education organizations, and other federal agencies who want to improve working conditions for our nation's school bus drivers, create a safe a respectful environment on our schools buses, and create confidence and partnerships in school with administrators, teachers, parents, students and community members.
- [Click here for more information...](#)

Preparedness Resources

❖ Safe Start Center Toolkit for Schools

- As the [National Survey for Children Exposed to Violence](#) has shown, children's exposure to home and community violence is prevalent in the U.S. Exposure to traumatic events is often unexpected and can leave educators with many uncertainties about what to do next. Faced with students struggling to cope and a community struggling to respond, schools need reliable information, practical tools, and pragmatic guidance. Safe Start Center's Toolkit for Schools is a collection of resources for school administrators and teachers to learn more about the prevalence and negative consequences of children's exposure to violence and how they can help.
- Please see the [Safe Start Center Toolkit for Schools](#) for more information...

Recovery Resources

❖ **NEW** Defending Childhood Initiative

- The [American Academy of Pediatrics](#), supported by a grant from the [Office for Victims of Crime](#) (OVC) at the U.S. Department of Justice, has launched a new [web site](#) that provides pediatricians the resources they need to modify the operations of their practice to identify, treat, and refer children who have been victims of or witnesses to violence.
- Learn more about the [Defending Childhood Initiative](#).

❖ **NEW** Summit County Concussion and Head Injury Support Group

- St. Anthony Summit Medical Center and the [Brain Injury Alliance of Colorado](#) are offering a Concussion and Head Injury Support Group. This group is for young adults, high school students and their supporters, friends and family.
- 2nd Monday of every month (starting November 12th) from 7:00pm – 8:00pm at The Church at Agape Outpost in Breckenridge.
- [Click here for more information...](#)

❖ **NEW** Tips for Talking With and Helping Children and Youth Cope After a Disaster or Traumatic Event

- A guide for parents, caregivers, and teachers.
- From Substance Abuse and Mental Health Services Administration (SAMHSA), 2012.
- [Click here for more information...](#)

Follow the Colorado School Safety Resource Center on Twitter

- For the latest school safety information between monthly E-Updates, follow [@CoSSRC](#) on Twitter.
- Featuring daily updates on new research, resources, upcoming trainings, and Center activities.



[Follow us on Twitter](#)

THE CSSRC IS AVAILABLE to any Pre-K through higher education school to assist in your school safety planning. Our mission is to provide ***no-cost consultation, resources, training and technical assistance*** that can help you create a safe, positive, and successful school. We can customize a variety of trainings for your school safety and crisis planning teams or your school staff as you plan and train this school year. We invite you to continue monitoring our website (www.Colorado.gov/SchoolSafetyResourceCenter or www.Colorado.gov/CSSRC) for the latest school safety information and upcoming trainings. **Call us at: 303-239-4435.**



School Safety Resource Center
Department of Public Safety

Thank you for supporting safe and positive schools in Colorado!

Colorado School Safety Resource Center

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Supporting Safe and Positive Colorado Schools